

Class: 2A

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Topic: Writing a Biography of a Famous Person

Text type: Biography

A Blaze of Glory

Best known as Hong Kong's first ever Olympic cycling medalist, Sarah Lee Wai Sze's never-give-up attitude made everyone proud of our home-grown athlete who demonstrated Hong Kong spirit by overcoming the lowest point in her career and getting back on track.

Sarah's legendary life began when she was born into a relatively poor family in Ngau Tau Kok on 12 May 1987. When she was in Secondary 3, she was recruited by The Hong Kong Cycling Association. She captured the attention of Hong Kong when she won a bronze medal at the London Olympics in 2012. The next year, she got the gold medal in the 500m at The World Track Champions. Unfortunately, her Rio Olympic medal dream was crushed by a race crash. She ended up finishing seventh.

As a perfect model for inspiring young people to strive for excellence, Sarah showed great perseverance and sportsmanship in face of upsets and difficulties. In 2006, she had a serious bike crash while training. The accident left her with a broken wrist and three operations were needed. At that time, her coach asked her to give up, but she did lots of hard work to make a comeback. A decade later, in a mega sporting event held in Brazil, she congratulated the opponent who knocked her down. This was an impressive act.

Her achievements have inspired many others to pursue their dreams while her staying power reminds people that they should never forget why they started, and that their dreams can be accomplished.